

# MAKING WORKPLACE MENTAL HEALTH EVERYONE'S BUSINESS

steps

**WEDNESDAY FEBRUARY 12TH 2020**

**6-8pm, followed by a networking reception**

Registration from 5:30pm

Manhattan venue To Be Announced

It is fair to say mental health has become one of the most significant conversations of our time. However, most of us are still deeply uncomfortable at the thought of having to talk about mental health, especially in the workplace. Mental health problems affect approximately 1 in 5, or nearly 44.7 million, adults in the US each year (CDC), and to engage with this at its core we need to acknowledge what really matters - that workplace mental health awareness is everyone's business.

Steps invites those in HR, Diversity and Inclusion or Wellbeing roles within their business to see our unique approach to Workplace Mental Health Awareness in action. Through interactive scenarios, facilitated discussion and a practical case study, this experiential workshop will give you:

- Raised awareness of what we mean by mental health and practical guidance on how to 'have the conversation'.
- Insight on how to make mental health awareness everyone's business and a shared responsibility.
- A chance to hear about our ground-breaking, award-winning partnership with a global organization, head-quartered in the UK.
- Skills in recognizing the signals and being proactive in addressing mental health issues.
- Increased confidence in how to manage and challenge the perceptions of others.

With registration from 5:30pm, the session will start at 6pm and finish at 8pm, after which we invite you to continue conversations with us and your peers at a networking reception with drinks and nibbles. To find out more from a video case study of a similar event in the UK in October 2019, please [click here](#).

**Places are limited, so please email [marketing@stepsdrama.com](mailto:marketing@stepsdrama.com) to register your place by Wednesday, February 5th 2020. We hope you can join us.**

*Inspiring people to act differently*